Packing List

MA in Humanitarian Assistance & Crisis Management

Please find a suggested packing list below for Jordan and Morocco. This list has been vetted by students who completed the program in these locations and SIT faculty members.

Jordan Clothes & Shoes

☐ 3-4 pairs of nice pants (neat jeans, casual pants)
☐ 4-5 modest, long sleeve tee shirts that do not have any inappropriate drawings or sayings about religion or politics
☐ 4-5 long sleeve shirts, casual and dressy
☐ 2-3 sweaters or fleeces
☐ 1-2 formal outfits appropriate for dinner out, cultural events, or meetings with organizations (dresses, skirts, shirt & sport coat, tie, dress pants)
☐ Pajamas & optional lightweight bathrobe
☐ 1 warm coat – it gets chilly in Amman in winter
☐ 7-day supply of socks
☐ 10-day supply of underwear
☐ Light raincoat
☐ Hat or cap for cold weather
☐ Athletic running/exercise clothing and shoes (optional)
☐ Swimsuit (modest cut)
☐ 1 pair of comfortable walking shoes for wearing around town
☐ 1 pair of sandals for outdoors (Tevas or Chacos)
☐ 1 pair of dress shoes to go with your formal outfit (for dinner out, cultural events, and important meetings)
☐ House slippers (optional)
Morocco Clothes & Shoes

☐ 3-4 pairs of nice pants (neat jeans, casual pants)
☐ 4-5 modest, long sleeve tee shirts that do not have any inappropriate drawings or sayings about religion or politics
☐ 4-5 long sleeve shirts, casual and dressy
☐ 2-3 sweaters or fleeces
☐ 1-2 formal outfits appropriate for dinner out, cultural events, or meetings with organizations (dresses, skirts, shirt & sport coat, tie, dress pants)
☐ Pajamas & optional lightweight bathrobe
☐ 1 warm coat – it gets chilly in Amman in winter
☐ 7-day supply of socks
☐ 10-day supply of underwear
☐ Socks
☐ Lightweight pajamas
☐ 2-3 lightweight sweaters
☐ Swimsuit (conservative cut)
☐ Lightweight jacket or fleece
☐ Light raincoat
☐ Athletic running/exercise clothing (optional)
☐ 1 pair of dress shoes to go with your formal outfit (for dinner out, cultural events, and important meetings)
☐ 1 pair of sport sandals (Tevas/Chacos)
☐ Running shoes/trainers or day hikers for exercising
☐ House slippers such as flip flops

Health and Toiletries Supplies for Jordan & Morocco

☐ Adequate supply of prescription medication including birth control pills, vitamins, motion sickness pills
☐ Extra pair of glasses or contacts & cleaning solutions; eye drops
☐ Sunscreen & Lip balm with sunscreen
☐ Hand sanitizer
☐ Small first aid kit with band-aids, hydrogen peroxide, antiseptic cleanser/alcohol pads, moist towelettes, and over-the-counter drugs for minor pain, diarrhea, anti-itching cream, etc.
☐ Toothbrush and small bottle of toothpaste
Miscellaneous

☐ Sunglasses
☐ Camera (optional)
☐ Electricity adapters for Jordan & Uganda
☐ Small binoculars (optional)
☐ Flashlight or headlamp (headlamp recommended) & batteries for each
☐ School supplies (notebook, 2-3 journals, pens, etc.)
☐ Travel alarm or wristwatch (or smart phone)
☐ Small Daypack (required)
☐ Hat with a brim for the sun (baseball style cap is appropriate)
☐ TSA approved mini locks for luggage (recommended)
☐ Water bottle that won’t break and can hold a liter or more of water

Carry-On

☐ Laptop & laptop charger
☐ Unlocked Smartphone
☐ Passport
☐ Copy of your visa for Uganda, and 2 copies of your passport, stored separately from passport
☐ COVID 19 vaccine and booster cards if required
☐ Any regularly required medications you may need during transit
☐ 2 face masks
☐ Additional form of photo ID (license recommended)
☐ Small bottle of hand sanitizer (recommended)
☐ 2 extra passport photos
☐ Travel pillow (recommended)