

# Global Master's in International Education

## Packing List 2024-2025

Please find suggested packing lists below for both Spain and Vietnam. This list has been vetted by students who have completed the program before you and SIT faculty members.

### Spain Clothes & Shoes

- ☐ 3-4 pairs of pants (jeans, hiking pants, casual pants)
- ☐ 3-4 pairs of shorts
- ☐ 4-5 tee shirts
- ☐ 4-5 shirts, casual and dressy
- ☐ 2-4 sweaters or fleeces
- ☐ Pajamas & optional lightweight bathrobe
- ☐ Socks
- ☐ 10-day supply of underwear
- ☐ Light, waterproof jacket
- ☐ Jacket for cold weather
- ☐ Athletic running/exercise clothing (optional)
- ☐ Swimsuit
- ☐ 1 pair of comfortable walking shoes for wearing around town
- ☐ 1 pair of waterproof hiking shoes with good grip for outdoor activities and hikes
- ☐ 1 pair of dress shoes to go with your formal outfit (for dinner out, cultural events, and important meetings)
- ☐ 1 pair of sandals
- ☐ Running shoes/trainers or day hikers for exercising
- ☐ House slippers such as flip flops

### Vietnam Clothes & Shoes

- ☐ 4-5 long, lightweight skirts, dresses, or pants
- ☐ 4-5 lightweight tee shirts, long and loose (available in Vietnam)
- ☐ 1-2 formal outfits appropriate for dinner out, cultural events, or meetings with organizations (dresses, skirts, shirt & tie, dress pants)
- ☐ 3-4 shorts that come to the knee (no short shorts)

- ☐ 10-day supply of underwear
- ☐ Light Socks (available in Vietnam)
- ☐ Lightweight pajamas (available in Vietnam)
- ☐ Swimsuit
- ☐ Lightweight jacket or fleece
- ☐ Waterproof raincoat (available in Vietnam)
- ☐ Athletic running/exercise clothing (optional)
- ☐ 1 pair of dress shoes to go with your formal outfit (for dinner out, cultural events, and important meetings)
- ☐ 1 pair of sport sandals (Teva/Chacos) (available in Vietnam)
- ☐ Running shoes/trainers or day hikers for exercising
- ☐ House slippers such as flip flops (available in Vietnam)

## Toiletries for Spain & Vietnam

- ☐ Adequate supply of prescription medication including birth control pills, vitamins, motion sickness pills
- ☐ Extra pair of glasses or contacts
- ☐ Eye drops
- ☐ Face and eye moisturizer
- ☐ Sunscreen
- ☐ Earplugs (optional)
- ☐ Hand sanitizer
- ☐ Lip balm with sun block
- ☐ Small first aid kit with band-aids, hydrogen peroxide, antiseptic cleanser/alcohol pads, moist towelettes, rehydration salts or powder form of Gatorade, and over-the-counter drugs for minor pain, diarrhea, anti-itching, and motion sickness, as approved by your doctor (chewable tablets when possible as water is not always available)
- ☐ Tampons (not available in Vietnam)
- ☐ Insect repellent with DEET of 20/30% for use on skin and 100% DEET or Permethrin for use on clothing (Vietnam)

## Miscellaneous

- ☐ 3 washable, cloth face masks
- ☐ Sunglasses
- ☐ Camera (if needed in addition to smart phone)
- ☐ Water bottle/Coffee holder
- ☐ Electricity adapters for Spain and Vietnam
- ☐ Small binoculars (optional)
- ☐ Flashlight or headlamp
- ☐ School supplies (notebook, 2-3 journals, pens, etc.)
- ☐ Travel alarm or wristwatch (or smart phone)
- ☐ Daypack
- ☐ Discreet sized money belt (important)
- ☐ A few novels to read and share with classmates

## Carry-On

- ☐ Passport with visa
- ☐ Proof of COVID 19 vaccine and boosters
- ☐ Laptop
- ☐ Unlocked smartphone
- ☐ Luggage locks (important)
- ☐ 2 copies of your passport and visa, stored separately from passport