

# Global Master’s in International Education

## Housing Information 2024-2025

### Table of Contents

General Information.....	2
Housing Options.....	2
Accommodations During Orientation and Field Visits .....	2
Washington, DC.....	2
Housing Options .....	2
Spain .....	3
Housing Options .....	3
Housing Payment .....	3
Food.....	3
Nepal .....	4
Housing Options .....	4
Housing Payment .....	4
Food.....	5

## General Information

### HOUSING OPTIONS

- **Apartments** are available via Airbnb and other online providers in both Spain (only option) and Nepal. This option provides limited cultural and linguistic immersion and involves higher costs, as well as greater independence and personal space. Students are responsible for all of their own meal preparation. Students are responsible for locating and confirming their apartments; SIT will provide recommended neighborhoods that are both close to the study centers and safe, and our staff are happy to review some possible listings in advance. Students also will have the opportunity to connect with other cohort members in advance to discuss possible apartment shares.
- **Homestays** with SIT-vetted families are only available in Nepal and allow for greater cultural and linguistic immersion and lower costs. Breakfast and dinner are provided each day. Homestays also require that students be comfortable with greatly reduced personal space and the need to respect family rules including possible curfews. All homestays include a private room that locks and wifi access. Students may share bathrooms with other family members.

### ACCOMMODATIONS DURING ORIENTATION AND FIELD VISITS

- Students will share a room with another classmate.
- The program covers the cost of meals, accommodations, and transportation during orientations in Spain and Nepal, and excursions. **Students are responsible for arranging and paying for their accommodations in Washington, DC.**

## Washington, DC

### HOUSING OPTIONS

You are responsible for booking your own room and board during your stay in Washington, DC. Note: our time will include program orientation, class time, and visits to organizations and agencies working in International Education. A detailed schedule will be provided at the start of the program.

Our locations will vary throughout the week, with some days taking place at World Learning's offices downtown and others in other locations. Thus, it is suggested that you stay in the greater Washington, DC, area near a Metro system, which is efficient and safe. If you stay further out, be sure to leave enough time for commuting each morning and evening.

Students have three options for housing:

- Students can arrange for housing through an online service such as Airbnb. The price for housing varies and can be mediated by sharing an apartment or house with a cohortmate. The cost may vary from \$30 - \$75/night or more, depending on the details per location.
- Hotels start at roughly \$80 per night.
- Students can stay with friends or family who live in the Washington, DC, metropolitan area, noting the above location guidelines.

# Spain

## HOUSING OPTIONS

### Apartment

- 1 to 2 bedrooms, some with shared kitchen and/or bathroom (similar to a U.S. college dorm with international residents)
- Cost: \$800 - \$1,500 per month depending on the neighborhood
- Utilities: usually included
- Internet: usually included
- Meals: \$15-20 per day (assumes meals are cooked at home)
- Laundry: Token laundry facilities are available in some buildings or external laundry services can be used
- Distance from program center: 15-30 minutes depending on the neighborhood



Sample of apartments for rent.

## HOUSING PAYMENT

- You should be prepared to pay an upfront deposit of one to two months of rent.
- The local currency is the Euro. ATMs are widely available in Spain and are a reliable way to get funds in larger cities. A major credit card (AMEX, Visa) is often necessary in emergencies and is highly recommended. If you have a medical situation that requires an overnight visit to a clinic, you must have a credit card as you may be required to pay your bill in cash or credit card before leaving the clinic. (Your program insurance will reimburse your expenses upon return home.) You should be able to use a credit card at most shops as well.

## FOOD

- Staple foods include fish, pork, beans, carbohydrates, and fried food. Lunch is the main meal of the day.
- Students can maintain a vegetarian diet.
- Markets and grocery stores are accessible throughout the city.

# Nepal

## HOUSING OPTIONS

### Homestay

- \$350–\$450 USD per month
- Private bedroom and bathroom
- Utilities: included in the above cost
- Breakfast and dinner: included in the above cost
- Distance from program center: from 10- to 20-minute walk

### Studio apartment/Room for Rent

- 1 bedroom with kitchen and bathroom
- Cost: \$350 - \$1,000 per month depending on the neighborhood, and added bedrooms
- Utilities: usually included
- Internet: usually included
- Meals: \$15-20 per day (eating out is pretty much as cheap as cooking at home)
- Laundry: laundry facilities are available in some apartment buildings or external laundry services can be used
- Distance from program center: 10- to 20-minute walk is ideal, and recommended.

## HOUSING PAYMENT

- The local currency is the Nepalese Rupee. ATMs are widely available in Nepal and are usually a reliable way to get funds in larger cities. A major credit card (AMEX, Visa, Master) is often necessary in emergencies and is highly recommended. If you have a medical situation that requires an overnight visit to the clinic you must have a credit card as you may be required to pay your bill in cash or credit card before leaving the clinic. (In that case your program insurance will reimburse your expenses upon return home.) Fortunately, we have strong connections with the local best clinic and the insurance, and the insurance usually confirms pre-payment before a student even gets there. You should be able to use a credit card at many upscale shops as well.



Sample of apartments for rent.

## FOOD

- Staple foods include lentils, rice, chicken, buffalo, dumplings (momo's), and some fried food.
- Students can easily maintain a vegetarian diet.
- Markets and grocery stores are accessible throughout.

For questions, students may reach out to Pasang Rinzi Sherpa: [pasangrinzi.sherpa@sit.edu](mailto:pasangrinzi.sherpa@sit.edu).