

Packing List

MA in Climate Change & Global Sustainability

Please find a suggested packing list below for both Iceland and Zanzibar. This list has been vetted by students who have completed the program and faculty members. Please note that the list of clothing for Iceland is gender neutral while the list for Zanzibar is broken out by gender due to cultural appropriateness.

Iceland Clothes & Shoes

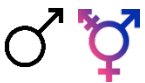
- 3-4 pairs of pants (jeans, hiking pants, lined pants)
- 4-5 shirts
- 3 sweaters or fleeces (wool & synthetic materials recommended)
- 1 formal outfit appropriate for dinner out, cultural events or meetings with government officials
- Warm pajamas
- Wool Socks
- 2-week supply of underwear
- Thermal underwear and base layers (wool & synthetic materials recommended)
- Waterproof rain pants and raincoat of good quality (REQUIRED)
- Cold-weather, waterproof coat of good quality, down is recommended
- Warm hat, scarf, and gloves
- Swimsuit
- 1 pair of comfortable walking shoes for wearing around town
- 1 pair of waterproof hiking shoes with good grip for outdoor activities and hikes (insulated preferably)
- 1 pair of dress shoes to go with your formal outfit (for dinner out, cultural events, and important meetings)

Zanzibar Clothes & Shoes



- 4-5 long, lightweight (non-see-through) skirts, dresses, or pants (dresses must cover shoulders and knees)
- 2 pairs of lightweight (non-see-through) loose capris or pants

- 2 conservative, lightweight (non-see-through) blouses or tops
- 1 lightweight (non-see-through) safari style blouse
- 4-5 lightweight (non-see-through) tee shirts that cover the shoulders (please note that cotton shirts take a long time to dry in Zanzibar weather and white shirts will get discolored in Zanzibar)
- 1-week supply of underwear – cotton quick-dry is recommended
- Light Socks
- Normal and sports bras
- Lightweight pajamas
- Conservative swimsuit (like that of a competitive swimmer)
- Lightweight jacket or fleece
- Waterproof rain poncho or raincoat large enough to cover your backpack
- Lightweight sweatpants for exercising (must cover knees)
- Dive booties/aqua socks or waterproof sandals with a back for fieldwork or wading through the ocean
- 1 pair of sport sandals (Tevas/Chacos)
- Running shoes or day hikers for exercising or forest walks



- 2-3 pairs of pants and 1 nicer pair for formal events such as dinners out, cultural events or important meetings
- 1 pair of athletic, below the knee, pair of shorts
- 2-3 button down shirts
- 3-4 tee shirts
- Tank top for indoor use
- 1 week supply of underwear (cotton quick dry)
- 1-2 pairs of socks if you plan to exercise
- Lightweight pajamas
- Lightweight jacket or fleece
- Waterproof rain poncho or raincoat large enough to cover your backpack
- Swimsuit (that goes down to knees)
- Dive booties/aqua socks or waterproof sandals with a back for fieldwork or wading through the ocean

- 1 pair of sport sandals (Tevas/Chacos)
- Running shoes or day hikers for exercising or forest walks
- House slippers

Toiletries

- Adequate supply of prescription medication including birth control pills, vitamins, motion sickness pills
- Anti-Malarial prophylaxis for Zanzibar (consult your doctor)
- Extra pair of glasses or contacts & cleaning solutions
- Sunscreen/Aloe/After sun cream (Zanzibar) & Lip Balm with sun block
- Earplugs (optional)
- Hand sanitizer
- Insect Repellant (reef safe - Zanzibar)
- Small medical kit with Sudafed, Emergen-C, Benadryl, Anti-itch cream, Neosporin, band aids, pain relief, thermometer
- Protein Bars & 10 Gatorade or oral rehydration packets (extras at office in Zanzibar)

Miscellaneous

- 3 washable, cloth face masks
- Sunglasses
- Camera, calculator, travel alarm, flashlight/head lamp (a smart phone includes some of these)
- Water bottle (both Iceland and Zanzibar)
- SteriPEN (UV water purification system for Zanzibar)
- Electricity adapters for Iceland and Zanzibar
- Small binoculars (optional)
- School supplies (notebook, 2-3 journals, pens, etc.)
- 'Rite in the Rain' All Weather field book
- Small amount of duct tape
- Carabiner for water bottles
- Seasonal Affective Disorder (SAD) Light/lamp (Iceland)
- Snorkeling Equipment - mask, snorkel & fins - the more compact, the better

Carry-On

- Laptop
- Unlocked Smartphone
- Duffel bag or A-frame backpack
- Passport
- 4 passport sized photos and 2 photocopies of your passport stored away from your passport