

**Iceland Clothes & Shoes** 

## Packing List 2026-27

## MA in Climate Change & Global Sustainability

Please find a suggested packing list below for both Iceland and Zanzibar. This list has been vetted by students who have completed the program and faculty members. Please note that the list of clothing for Iceland is gender neutral while the list for Zanzibar is broken out by gender due to cultural appropriateness.

	3-4 pairs of pants (jeans, hiking pants, lined pants)
	4-5 shirts
	3 sweaters or fleeces (wool& synthetic materials recommended)
	1 formal outfit appropriate for dinner out, cultural events or meetings with government officials
	Warm pajamas
	Wool Socks
	2-week supply of underwear
	Thermal underwear and base layers (wool & synthetic materials recommended)
	Waterproof rain pants and raincoat of good quality (REQUIRED)
	Cold-weather, waterproof coat of good quality, down is recommended
	Warm hat, scarf, and gloves
	Swimsuit
	1 pair of comfortable walking shoes for wearing around town
	1 pair of waterproof hiking shoes with good grip for outdoor activities and hikes (insulated preferably)
	1 pair of dress shoes to go with your formal outfit (for dinner out, cultural events, and important meetings)
Zanzibar Clothes & Shoes  ♀️▽	
	4-5 long, lightweight (non-see-through) skirts, dresses, or pants (dresses must cover shoulders and knees)  2 pairs of lightweight (non-see-through) loose capris or pants
	2 conservative, lightweight (non-see-through) blouses or tops
	1 lightweight (non-see-through) safari style blouse



	4-5 lightweight (non-see-through) tee shirts that cover the shoulders (please note that cotton shirts take a long time to dry in Zanzibar weather and white shirts will get discolored in Zanzibar)
	1-week supply of underwear – cotton quick-dry is recommended
	Light Socks
	Normal and sports bras
	Lightweight pajamas
	Conservative swimsuit (like that of a competitive swimmer)
	Lightweight jacket or fleece
	Waterproof rain poncho or raincoat large enough to cover your backpack
	Lightweight sweatpants for exercising (must cover knees)
	Dive booties/aqua socks or waterproof sandals with a back for fieldwork or wading through the ocean
	1 pair of sport sandals (Tevas/Chacos)
	Running shoes or day hikers for exercising or forest walks
	2-3 pairs of pants and 1 nicer pair for formal events such as dinners out, cultural events or important meetings
H	
_	1 pair of athletic, below the knee, pair of shorts
П	1 pair of athletic, below the knee, pair of shorts  2-3 button down shirts
	2-3 button down shirts
	2-3 button down shirts 3-4 tee shirts
	2-3 button down shirts 3-4 tee shirts Tank top for indoor use
	2-3 button down shirts 3-4 tee shirts Tank top for indoor use 1 week supply of underwear (cotton quick dry)
	2-3 button down shirts 3-4 tee shirts Tank top for indoor use 1 week supply of underwear (cotton quick dry) 1-2 pairs of socks if you plan to exercise
	2-3 button down shirts 3-4 tee shirts  Tank top for indoor use  1 week supply of underwear (cotton quick dry)  1-2 pairs of socks if you plan to exercise  Lightweight pajamas
	2-3 button down shirts 3-4 tee shirts Tank top for indoor use 1 week supply of underwear (cotton quick dry) 1-2 pairs of socks if you plan to exercise Lightweight pajamas Lightweight jacket or fleece
	2-3 button down shirts 3-4 tee shirts  Tank top for indoor use  1 week supply of underwear (cotton quick dry)  1-2 pairs of socks if you plan to exercise  Lightweight pajamas  Lightweight jacket or fleece  Waterproof rain poncho or raincoat large enough to cover your backpack
	2-3 button down shirts 3-4 tee shirts  Tank top for indoor use  1 week supply of underwear (cotton quick dry)  1-2 pairs of socks if you plan to exercise  Lightweight pajamas  Lightweight jacket or fleece  Waterproof rain poncho or raincoat large enough to cover your backpack  Swimsuit (that goes down to knees)
	2-3 button down shirts 3-4 tee shirts Tank top for indoor use 1 week supply of underwear (cotton quick dry) 1-2 pairs of socks if you plan to exercise Lightweight pajamas Lightweight jacket or fleece Waterproof rain poncho or raincoat large enough to cover your backpack Swimsuit (that goes down to knees) Dive booties/aqua socks or waterproof sandals with a back for fieldwork or wading through the ocean



Toiletries		
	Adequate supply of prescription medication including birth control pills, vitamins, motion sickness pills	
	Anti-Malarial prophylaxis for Zanzibar (consult your doctor)	
	Extra pair of glasses or contacts& cleaning solutions	
	Sunscreen/Aloe/After sun cream (Zanzibar)& Lip Balm with sun block	
	Earplugs (optional)	
	Hand sanitizer	
	Insect Repellant (reef safe - Zanzibar)	
	Small medical kit with Sudafed, Emergen-C, Benadryl, Anti-itch cream, Neosporin, band aids, pain relief, thermometer	
	Protein Bars&10 Gatorade or oral rehydration packets (extras at office in Zanzibar)	
M	iscellaneous	
	3 washable, cloth face masks	
	Sunglasses	
	Camera, calculator, travel alarm, flashlight/head lamp (a smart phone includes some of these)	
	Waterbottle (both Iceland and Zanzibar)	
	SteriPEN (UV water purification system for Zanzibar)	
	Electricity adapters for Iceland and Zanzibar	
	Small binoculars (optional)	
	School supplies (notebook, 2-3 journals, pens, etc.)	
	'Rite in the Rain' All Weather field book	
	Small amount of duct tape	
	Carabiner for water bottles	
	Seasonal Affective Disorder (SAD) Light/lamp (Iceland)	
	Snorkeling Equipment – mask, snorkel& fins – the more compact, the better	
Ca	rry-On	
	Laptop	
	Unlocked Smartphone	
	Duffel bag or A-frame backpack	
	Passport	
	4 passport sized photos and 2 photocopies of your passport stored away from your passport	